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Parent & Family Programs

A

A unique student housing property with a "No Party policy" and innovative amenities and services thrives in Tucson



Sahara apartments is in its 11th year of operation as a student housing project in Tucson. Ted Mehr, the owner of Sahara Apartments, has introduced a lot of innovations to the Tucson student housing market.

Ted, who still manages the building on a day to day basis developed this project as the "paranoid" father of a college age daughter, who was concerned about his own daughter's safety and comfort when she had gone to live on her own while attending college.

Some of Ted's ideas have been duplicated by others, and some are still unique to Sahara.

For example, Sahara is still the only building that does not allow parties on site. Our motto is "The oasis for QUIET student living". At Sahara you are guaranteed a quiet environment. If anyone violates the rules, the residents can call the owner, Ted, no matter what time of day or night. And he will drive down to the building to make sure the violators understand that the policy is really enforced. When students move into Sahara, they get Ted's cell phone AND home phone numbers, you know, just in case the cell phone runs out of battery right when someone needs to call. All residents are encouraged to call Ted if they feel uncomfortable about anything. That sort of attitude is not something that you will get from the corporate-owned high rise competition.

In case you think our no party policy means no fun, you should know that Sahara has an activity director who organizes many group activities sponsored by Sahara where the residents get an opportunity to get together and do fun things as a group. For instance at the time of this writing, for the month of October, we took our residents to Mt. Lemmon for the October Fest, Sabino Canyon for



a 13 mile hike, "Tucson Meet Yourself" event downtown, had a game night on site with free food and refreshments, and a movie night. We also went to the Corn Maze for Halloween and to the "International Festival of Tucson". And that was just for October!

Sahara is still the only student building in Tucson that will give every resident a FREE bicycle to ride while living at Sahara. We even maintain and repair the bikes for free.

Sahara is also the only student building that provides hotel accommodations on site, where visiting family and friends can stay when they come to visit our residents. The hotel also accommodates professors, researchers, workshop attendees and many groups of international students that are placed at Sahara by the University.

We treat our residents like they are expensive works of art in a **museum.** Our gated community is protected with an infrared beam system that alerts the owner with an automatic cellphone call if someone trespasses by climbing over the walls. 80 security cameras



record all events at the perimeter of the building and in the public areas. And our staff who live on site are ready to respond if required. These are some of the reasons why in our 10 year history we have never received a "Red Tag" from the police department.

Offering shuttle service to and from the campus is now standard practice for a lot of buildings, but we do it every half hour from 7 AM to 7 PM, on every school day.

At Sahara, you can enjoy the privacy of having your own studio apartment for a lot less than a single occupancy room at the Residence Halls, or sharing an apartment at one of the high rise buildings with people whose lifestyles may not be compatible with yours.

While we admit we are not for everybody, nor do we want to be, there is a lot more that you should know about Sahara before you decide what your choice of student housing should be.

Check out our website and find out why Sahara has become more popular each year as the word has spread that you can have a safe and quiet environment and still have fun.

Sahara Apartments 919 N. Stone Ave. Tucson, AZ 85701 520-622-4102 Ted Mehr, Owner rentsahara@gmail.com





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IMPORTANT CONTACTS

- Advising Resource Center Academic advising & advisor contact information (520) 626-8667 http://advising.arizona.edu/
- BookStores books, supplies, computer hardware & software purchases (520) 621-2426 shop.arizona.edu
- Bursar's Office Billing questions, paying tuition and fees (520) 621-3232 http://bursar.arizona.edu/
- Campus Health Service Health care, psychological care, student health insurance (520) 621-6490 http://www.health.arizona.edu/
- Career Services Part-time jobs on and off campus, internships & co-ops, full-time post-graduation employment and career exploration (520) 621-2588 http://www.career.arizona.edu/
- Dean of Students Office Advocacy, academic integrity, code of conduct (520) 621-7057 http://deanofstudents.arizona.edu
- Disability Resource Center (520) 621-3268 http://drc.arizona.edu
- Graduate College (520) 621-3471 http://grad.arizona.edu
- Meal Plan Office Purchasing and updating student meal plans (800) 374-7379 http://union.arizona.edu/mealplans
- Off Campus Housing: Student computer labs (520) 621-5859 http://offcampus.arizona.edu
- Office of Student Computing Resources: Student computer labs (520) 621-OSCR www.uits.arizona.edu/departments/oscr

- Police (University of Arizona) Emergency response, crime prevention 911 or (520) 621-UAPD http://uapd.arizona.edu/
- Registrar's Office Verification of enrollment, change of schedule, grade replacement opportunity (520) 621-3113 http://www.registrar.arizona.edu/
- Residence Life On-campus housing (520) 621-6501 http://www.life.arizona.edu/
- Residency Classification Determination of in-state or out-of-state residency for tuition purposes (520) 621-3636 http://www.registrar.arizona.edu/residency/residenc.htm
- > 24/7 IT Support Ctr. Student computer support (520) 626-TECH http://247.arizona.edu
- Tutoring at the Think Tank Drop-in, by appointment, course reviews and more (520) 626-0530 http://thinktank.arizona.edu
- UA Parent & Family Programs
 (520) 621-0884 http://www.uafamily.arizona.edu/

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MESSAGE FROM THE DIRECTOR

Dear UA Parents and Family Members,

Greetings from the Parent & Family Programs Office at the University of Arizona! We are excited to share the spring 2017 edition of the Parents & Family Magazine with you. This magazine is sent to families of current freshmen, and to those of you who have made a donation to the UA Parents & Family Association for which I thank you! We also send the spring edition of the magazine to all incoming freshman as a way to welcome new families to the UA community. One of the major goals of Parent & Family Programs is to provide resources and support for our families so that you can support your student. I hope you find the Parents & Family Magazine a useful and informative resource and invite you to check out our website uafamily.arizona.edu for more information. If you are on social media, you can find us on Facebook, Instagram, Twitter, and Pinterest, and you can find the links to all of these on our website. If you are interested in getting involved, we have many opportunities regardless of where you live, so please let me know of your interest.

Spring is such an exciting time at the University of Arizona! This is especially true for the families of our graduating students so congratulations to you! For those of you who have students who will be back and/or starting at UA, be sure to check out the Wildcat Welcome Family Activities article on page 9. Also, mark your calendar to join us for Family Weekend October 13 – 15! I hope you enjoy the feature on our new Athletic Director, Dave Heeke!

I want to thank all the parents and families who have volunteered their time with us this year on the PFA Board and at Summer Send-Offs, Coffee Chats, recruiting events, and UA Parents Day at the State Capitol. I greatly appreciate your time and commitment to Parent & Family Programs, the Parents & Family Association and to the University of Arizona!

With Wildcat Pride,



Kathy Adams Riester, M.S. Ed Associate Dean of Students Director, UA Parent & Family Programs



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COVER PHOTO: Parents & Family Association **BC HARLEY ENDOWED SCHOLARSHIP RECIPIENT** Anissa Dominguez with her family at Family Weekend in Fall 2016. PHOTO BY CHRISTINA SINCERE, GRADUATE ASSISTANT FOR STUDENT GOVERNMENT

Issue 21

FAMILY

MAGAZINE

PROUD WILDCAT SUPPORTER

PARENTS

The University of Arizona Parents & Family Magazine is published twice a year by the Dean of Students Office and Arizona Student Media.

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Circulation: 18,500

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PARENTS & FAMILY ASSOCIATION SPRING UPDATE A MESSAGE FROM PFA CO-CHAIRS

By Joel & Katherine Lewis, PFA Advisory Board Chairs

Greetings PFA Parents,

Spring has sprung and from all of us at the Parents & Family Association we would like to thank you for all of your time, effort, and support. We couldn't do all that we do for the students at the U of A without YOU. It's a nice time of year at the U of A campus. The weather is warming up (not too hot!), the skies are blue, and fun is in the air (after a hard day of studying of course). Spring sports are in full swing, from basketball to baseball to tennis to track and field and swimming. Or, how about a concert or a play production. Don't forget the Spring Fling Carnival. So what are we saying? There's always something going on at the U of A! Spring is a time when students buckle down and achieve those fantastic grades that we've sent them here to get, right? (fingers crossed). Because graduation is just around the corner, or the other



JOEL AND KATHERINE LEWIS address UA family members at Family Weekend. PHOTO BY CHRISTINA SINCERE, GRADUATE ASSISTANT FOR STUDENT GOVERNMENT

corner, or the other corner, well, you get the drift! So let's sit back and enjoy this journey because we're all in this together. Remember: once you're a Wildcat, you're a Wildcat #FORLIFE! Thanks again for your support!

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THE PFA & ALUMNI ASSOCIATION PRESENT 2017 SUMMER SEND-OFFS

BY JILL HALL, VICE PRESIDENT FOR THE UA ALUMNI ASSOCIATION

For more than 15 years, the University of Arizona Alumni Association and the Parents & Family Association have partnered to celebrate the UA's incoming freshman class by hosting summer send-off celebrations across the country. National alumni chapters and current UA parents host send-offs to welcome incoming UA students. The send-offs also have the mission of educating students about the transition to college and help to create the feeling that these students are a part of the Wildcat Family, and now, Wildcats for Life! These events also are a chance to educate parents and family members about campus resources including the Parents & Family Association and the Alumni Association.

Hosted by alumni, friends and parents of the UA, summer send-offs begin in early July in over twenty cities. Incoming freshmen get the chance to meet other incoming students attending the university from their area and ask current students, staff, and alumni questions about life at the UA. Parents also connect with alumni and staff members for questions and answers.

For more information about 2017



INCOMING WILDCATS at a Summer Send-Off in Northern California. PHOTO COURTESY OF THE ARIZONA ALUMNI ASSOCIATION

summer send-offs, or to find out about what is happening in your area, please visit the UA Alumni Association website www.arizonaalumni.com or the UA Parents & Family Association website at www.uafamily.arizona.edu.



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WILDCAT WELCOME 2017 WELCOMING YOUR FAMILY INTO OURS

By Eric Davidson, Graduate Assistant, Parent & Family Programs

Whether this is your first time down this road or your fifth, sending your student off to college is at the same time stressful, exciting, and always emotional. Wildcat Welcome is a several-day event full of fun and informative programming to make students feel as comfortable and engaged as possible during their first week on campus, and to help them and their families make the most of their last few days together. Beginning with the Early Move-In Family Mix & Mingle and ending with the Bon Voyage Brunch, parents and family members have multiple opportunities to learn about the UA, have fun with their students, and celebrate the start of the new academic year.

SUNDAY, AUGUST 13

Families who are moving their students into the residence halls early for Bear Down Camp. Greek recruitment. or the Pride of Arizona band camp can enjoy a fun afternoon hosted by Parent & Family Programs and the UA BookStores in their Student Union Memorial Center location on Sunday, August 13. This event will give you the opportunity to meet with other families and find out what you have in common, take advantage of great deals on Wildcat merchandise, and talk with staff representatives about all things Arizona. There will also be a raffle to win prizes.

FRIDAY, AUGUST 18

While your student is preparing for their first day of class at a mandatory students-only UA Clicks session with their academic college, check out the Wildcat Family Conference in the Student Union Memorial Center on Friday, August 18. Enjoy sessions detailing a variety of on- and off-campus topics hosted by our wonderful staff, hear from faculty and administrators about the student experience at Arizona, and meet with members of the Parents & Family Association Advisory



UA STAFF answers questions for parents at the Wildcat Family Conference. PHOTO BY CHRISTINA SINCERE, GRADUATE ASSISTANT FOR STUDENT GOVERNMENT

 Wildcat Welcome is a severalday event full of fun and informative programming to make students feel as comfortable and engaged as possible during their first week on campus and to help them and their families make the most of their last few days together.

Board. The Family Conference is the perfect way to learn about your resources as Wildcat supporters and the ways to get involved and stay informed about what's happening on campus.

In order to ease the stress and get a break from the business of moving, fun programming for parents and family members is available throughout the weekend. The Parents & Family Association is hosting a parents-only event during the evening of Friday, August 18. The Proud Parent Social is a mix and mingle for guests ages 21 and up. Beer, wine, non-alcoholic beverages, and finger food will be available for purchase. Get to know other parents and talk one-on-one with campus VIPs who will be in attendance, including administrators and members of the faculty.

SATURDAY, AUGUST 19

Finally, now that your student is moved in and is settling in, the time to say goodbye is at hand. Join the Dean of Students Office, Parent & Family Programs and the Parents & Family Association for the Bon Voyage Brunch in the Student Union Memorial Center Grand Ballroom on Saturday, August 19. Guests will enjoy a great buffet and have the opportunity to spend quality time with their student as they embark on their college journey and your family begins a new chapter together.

You can find specific event information including, dates, times, locations and event cost on the Wildcat Welcome website, welcome.arizona. edu. Remember to log on and register for these great events soon before they fill up! If you have any questions about Wildcat Welcome, the events listed here, or if you would like more information for parents and family members, call (520) 621-0884 or e-mail dos-uafamily@email.arizona.edu. Welcome to the Wildcat Family!





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NEW STUDENT ORIENTATION HELPING YOUR STUDENT TAKE THEIR NEXT STEPS

By Damien Snook, Associate Director, New Student Services

Welcome to the Wildcat family! The next few months will be very busy planning with your student for their upcoming transition to the University of Arizona. We hope to make that process a little bit easier through the Next Steps Center and New Student Orientation.

New Student Orientation is the time when your student will have their first chance to connect with the UA community as a student. They will meet with their academic advisor, talk with other new and current students, check in with and learn more about campus resources, and walk away ready for the first day of class. In short, Orientation is the time when your student outlines their path to becoming a Wildcat for Life.

You are also invited and encouraged to participate through our Family & Guest Orientation program, which is tailored to address the needs and concerns of parents and other family members. While your student registers for classes, you have the opportunity to learn more about services to help your student succeed, meet staff from across campus, and find out how to get connected and stay involved with the University. Come prepared with your questions



STUDENT LEADERS welcome incoming freshman to New Student Orientation. PHOTO COURTESY OF DAMIEN SNOOK

and experience the University of Arizona firsthand!

There are a few things your student needs to do in order to be ready for New Student Orientation. Luckily, the UA has you covered with the Next Steps Center (nextsteps.arizona.edu) to ensure they don't miss anything. The Next Steps Center is the site wherein your student will pay their enrollment fee and register for an Orientation program. It is also where your student needs to complete important academic procedures to be ready for Orientation.

It is imperative that students complete their math, second language, and writing placement exams before attending their Orientation program, and the only way to do so is through the Next Steps Center. The purpose of these placement assessments is to help your student succeed in their first semester by ensuring they register for the level of classes that matches their current abilities and experience. All students should complete placement requirements at least seven business days prior to their Orientation session, as a placement is necessary to register for subject-specific courses like math and English.

Please make sure your student utilizes the Next Steps Center on a regular basis so they are prepared to attend and thrive at New Student Orientation. Through Next Steps, your student has the option to create a UA Essentials account for up to five family members. This account gives guests information about important offices and services on campus.

Students can also choose to give family members access to view their student and financial information and even make payments through Guest Center, which can be accessed with the UA Essentials account.

If you have any questions in regards to Orientation or Next Steps, don't hesitate to contact us at (520) 621-5293. Once again, welcome to the Wildcat family, and we look forward to seeing you and your student this summer at Orientation!



FOUNDATION

Proud Supporter of the UA Parents & Family Association

Marshall Foundation is a proud supporter of the University of Arizona, its families, innovators, thinkers, and creators as the work you do enriches our community and the world.

In 2016, Marshall Foundation gave to UA over \$500,000 to support scholarships for Arizona residents.

The relationship between our founder, Louise Foucar Marshall, and the University began over 100 years ago in 1898 when she arrived in Tucson as a graduate student. She later became an instructor of botany, modern and ancient languages and plane geometry. She was named a full professor of ancient and modern languages in 1901.

A shrewd businesswoman and a pioneer in Tucson, she bought land in and around the University and founded the Foundation in 1930 to support education and youth, particularly those who were less fortunate. When Mrs. Marshall died in 1956 at the age of 92, she left all of our assets to a volunteer Board of Directors who continue her legacy of giving today.

Since that time, the Marshall Foundation through the management of its real estate assets on University Boulevard and through the redevelopment of the area known as Main Gate Square has donated over \$21 million to the University of Arizona in scholarships, special projects, and to not for profits in Pima County.







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NEW STUDENT SUCCESS DISTRICT REIMAGINING THE COLLEGE STUDENT EXPERIENCE



A RENDERING of the forthcoming student success district.

BY KETHIA KONG, PROGRAM COORDINATOR FOR SAEM/AISS

As every family member knows, college students live dynamic, 24/7 lives. This constant motion and onthe-go lifestyle means that the 21st century student requires physical spaces designed not just to keep up, but advance students' ability to engage in healthy study habits, collaboration, exercise, and career preparation. Like modern corporate campuses, today's students need spaces designed to help them live, work, and play at their very best in order to graduate.

The opportunity to reimagine and reboot Bear Down Gym, the Main Library, and the Science-Engineering Library for the 21st century led to the ambitious vision of the proposed student success district, which aims to rebuild the campus core around the future of learning technology, recreation, career readiness, and engagement. Students will be able to move from group meetings in expanded collaboration spaces, to tutoring sessions at the Think Tank, to a favorite workout class with ease. It's Silicon Valley culture – UA style.

"The idea is to connect students in a way that makes it easy to learn, "The way we teach students is changing, with an increasing emphasis on active learning through collaboration and deep engagement with technology. The workplaces that our graduates are entering are also rapidly changing along the same lines, requiring us to anticipate and meet new student needs."

 Karen Williams, Vice President for Information Strategy & University Libraries

plug-in to campus resources, and engage," said Kasey Urquidez, Vice President for Enrollment Management and Student Affairs Advancement. "Students will have a central hub that will provide all the tools, services, and career readiness offerings that they need to graduate and market themselves as professionals or graduate students."

University Libraries and Student Affairs and Enrollment Management/ Academic Initiatives and Student Success have partnered to fundraise \$20 million for the new success district. Private donors and corporate partners such as Adobe have already seen the potential and vision behind the project.

Under the plan, Bear Down Gym would return to its former glory as a modern facility for recreation and wellness. Meanwhile, the libraries will be outfitted with modular spaces that can be configured to support different learning styles, as well as a virtual reality lab, 3D printing, and other technologies that will provide students with marketable skills and hands-on experiences. An addition to Bear Down Gym will house flagship programs like the Think Tank and 100% Engagement, among others.

"The way we teach students is changing, with an increasing emphasis on active learning through collaboration and deep engagement with technology," said Karen Williams, Vice President for Information Strategy & University Libraries. "The workplaces that our graduates are entering are also rapidly changing along the same lines, requiring us to anticipate and meet new student needs."

Dean of University Libraries Shan Sutton added, "this initiative will CONTINUED ON PAGE 15





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NEW STUDENT SUCCESS DISTRICT

CONTINUED FROM PAGE 13

further distinguish the UA as a leader in demonstrating how University Libraries and Student Affairs and Enrollment Management/Academic Initiatives & Student Success can form deep partnerships that integrate their services to optimize student success."

Critically, the success district will also expand the reach of programs that have been proven to help students graduate and be career ready, including the Think Tank and Writing Center.

"The project is a physical expression of what we do better than anyone else," said Melissa Vito, Senior Vice President for Student Affairs and Enrollment Management, and Senior Vice Provost for Academic Initiatives and Student Success. "This project acknowledges that as a student, your circle of resources, your level of on-campus involvement, and your ability to stay healthy and active, all contribute to your likelihood to graduate and be successful."

For UA administrators, the initiative is one that is full of possibilities, holding the potential to improve outcomes through a continual focus on student success.

"Thanks to the 100% Engagement initiative, we know that UA graduates are among the best prepared in the nation for the modern workplace and graduate programs," said Vincent Del Casino Jr., Vice Provost for Digital Learning and Student Engagement and Associate Vice president for Student Affairs and Enrollment Management. "By infusing new technology, academic support, and health into the fabric of student life, we're unlocking student success and professional development on a mass scale, responding directly to the needs of employers and graduate schools as well as students and their families."

"The success district is a critical investment in our students and their future," said Melissa Vito. "Not only is it an opportunity for us to enrich the lives of our current students, it also ensures that future Wildcats are successful for years to come."

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- Regular email updates from the Associate Dean of Students and Director of Parent & Family Programs
- A direct link to the Parent & Family Programs staff, who will help you navigate the resources to support your student's success.

You can make a difference today by donating to the UA Parents & Family Association. Your tax deductible donation will support outreach and communication to parents and family members, and vital programs that benefit all students' success on campus. With your one time donation of \$100 or more (\$50 for Pell eligible students) you will receive a copy of our magazine each semester, filled with great resources mailed to you twice a year, along with the free membership benefits mentioned above.

To register for the free membership, please complete your profile at: uafamily.arizona.edu

GIVE ONLINE: www.uafamily.arizona.edu or fill out and send us the membership form today

How Does My Contribution Make an Impact?

Your contribution helps The University of Arizona in the following ways:

- Student Support In the past 32 years the Parents & Family Association has given more than \$2 million to campus programs and services that directly improve the quality of UA student life. We give where students and parents tell us it is important. In the past our support has gone to Safe Ride, Career Services, campus safety, and leadership programs. This year parent donations are supporting the Think Tank which provides free, centralized tutoring and supplemental instruction for students.
- 2. Parent & Family Communications Parent & Family Programs provides a number of ongoing communications to parents and family members including two yearly print magazines, and our monthly newsletter, "The Paw Print," and regular Parent email communication.

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UA Parents & Family Association Donation Form

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or more to the Parents & Family Association between

* Every care was taken to ensure the accuracy of this list. We would appreciate you sharing with us any omissions. Please contact Kathy

Adams Riester, Director of the UA Parents & Family Association at

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Kirk Miles

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ARIZONA WELCOMES NEW ATHLETICS DIRECTOR DAVE HEEKE



DAVE HEEKE greets the statue of John Button Salmon outside Arizona Stadium during his visit to campus. PHOTO COURTESY OF STAN LIU, ARIZONA ATHLETICS

"I couldn't be more excited to be part of the Arizona Athletics family. ... This program is about excellence and we will continue to focus on achieving at the very highest level athletically and academically, while creating the finest experience in the country for our student-athletes. Arizona has developed a storied history and tradition and I'm looking forward to being a part of the next chapter in Tucson. I can't wait to Bear Down."

> Dave Heeke, Arizona Athletics Director

By JEREMY SHARPE, ARIZONA ATHLETICS

Dave Heeke, an athletics department leader with a strong background nationally and in the Pac-12, was named Arizona's new Athletics Director in February and will begin his tenure on April 1. A 28-year veteran in college athletics, Heeke, pronounced Hee-key, has extensive experience in all aspects of the field, having served for the last 11 years as Athletics Director at Central Michigan University and the previous 18 years in the Oregon athletics department, finishing his tenure there as senior associate athletics director/chief of staff.

"I couldn't be more excited to be part of the Arizona Athletics family. It is truly an honor to be named the new Vice President for Athletics and have the opportunity to return to the prestigious Pac-12 Conference," Heeke stated. "This program is about excellence and we will continue to focus on achieving at the very highest level athletically and academically, while creating the finest experience in the country for our student-athletes. Arizona has developed a storied history and tradition and I'm looking forward to being a part of the next chapter in Tucson. I can't wait to Bear Down."

Heeke developed a wide-ranging understanding of college athletics that includes a number of vital roles. He has experience in department leadership, budget development, fundraising, compliance and sport supervision, among other areas. He has also been heavily involved in facilities master planning and funding, as well as university and external relations.

While Athletics Director at CMU, Heeke instilled his vision of a "Championship Culture," which included athletic success, academic excellence, national media exposure, record fundraising, and a commitment to facilities. The department was twice honored with the Cartwright Award, which recognizes the Mid-American Conference's top overall institution based on excellence in academics, athletics and citizenship.

The athletic exploits of CMU's student-athletes were matched by their academic accomplishments. All of CMU's sport programs exceeded NCAA Academic Progress Rate (APR) standards, while the department posted an 81% Graduation Success Rate (GSR). The cumulative student-athlete GPA surpassed 3.0 for 11 consecutive years, and the Chippewas earned the MAC's Institutional Academic Achievement Award 10 times.

Heeke is a nationally recognized leader among college athletics directors. He was appointed to the NCAA Division I Athletic Director Advisory Group in June of 2013. One of just 11 Division I Athletic Directors nationwide to be selected for the appointment, the group meets periodically with NCAA President Mark Emmert and his staff to provide feedback and perspective on issues affecting DI athletics. Heeke has also been a member of the NCAA Division I Baseball Committee and the Division I Football Issues Committee.

During Heeke's 18 years at the University of Oregon, he assisted the athletics director with the daily operation of the Ducks' \$40 million budget and 17 sports. Heeke served on the AD's executive staff and was responsible for strategic planning





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ARIZONA WELCOMES NEW ATHLETICS DIRECTOR

CONTINUED FROM PAGE 19

and financial models. In addition to representing the AD at University and conference meetings, he managed all facets of internal operations, while being responsible for revenue generation through external operations units.

An East Lansing, Mich., native, Heeke received a bachelor's degree from Albion College in 1985 and a master's degree from Ohio State University in 1987. At Albion, he was a co-captain of the baseball team and a member of the club hockey team. He was a three-sport athlete at East Lansing High School and received the Distinguished Alumni Award from the East Lansing Educational Foundation in 2007.

Heeke and his wife, Liz, have three boys, Ryan, Max and Zach.



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BY TERESA KOLB, OFF-CAMPUS HOUSING

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- > This year's Off-Campus Housing Guidebook is in ten locations around campus including the UA Student Unions. Our guidebook offers a lot of information to help make the transition from living on campus to off-campus smoother. For those parents and family members who are not close by, there is also an electronic version on our website, on the "Resources" page.
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EMPOWERING STUDENTS FOR SEXUAL ASSAULT PREVENTION THE WILDCAT WAY

BY ARACELI ISLAS & JESSE TOIBER, UA JUNIORS

The Wildcat Way series is new to the University of Arizona campus. The six-workshop series is an initiative created by the Women's Resource Center to educate and empower students including those in fraternities, sororities, and other campus leadership organizations. Wildcat Way seeks to educate students on sexual assault prevention and raise awareness by facilitating discussions about topics such as consent, bystander intervention, University of Arizona Policies, and survivor advocacy. Moreover, it empowers and enables participants to increase awareness and create change.

As a participant of the first women's Wildcat Way series, which focused on the fraternity and sorority community, I am proud to say that it has had a profound impact. The Women's Resource Center and Fra-





UNDERGRADUATE STUDENTS PARTICIPATE in the first women's Wildcat Way workshop series. PHOTO COURTESY OF THE WOMEN'S RESOURCE CENTER

ternity & Sorority Programs worked together to create a program peer facilitated by the Students Promoting Empowerment and Consent (SPEAC) interns who were able to facilitate meaningful discussions about a sensitive—often overlooked—issue that affects the university community. Sexual assault can be a difficult term to define and an even more difficult topic to discuss, but the Wildcat Way series provided a safe space to voice concerns, questions, and ideas freely. It opened up channels of communication between women across sororities that allowed me to see that this issue affects us all.

CONTINUED ON PAGE 27







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THE WILDCAT WAY

CONTINUED FROM PAGE 25

As discussions began to evolve, I found that we, as sorority women, all had similar questions and concerns. and that I was not alone. Through the program, we were able to find our voice as a community. Furthermore, the series created a sense of solidarity among the participants and a responsibility to take action. Many women who completed the series now hold leadership positions within their own sorority, Fraternity & Sorority Programs, and other campus organizations. They are behind programming for sexual assault prevention and awareness, or are now SPEAC interns themselves. Personally, it has been

inspiring to see both upperclassmen and underclassmen from various sororities demonstrate a passion to create change and move our community forward together. Although we have only had one women's Wildcat Way series, it has already led to a greater focus on sexual assault awareness and prevention in Fraternity and Sorority leadership and programming. Together, with the support of the Women's Resource Center and the SPEAC interns, we will continue to take strides towards a more aware, responsible, and safe community.

The men's Wildcat Way sessions closely mirror the women's sessions with SPEAC interns and WRC members alike present to facilitate healthy discussion. The subject matter on the men's side of the program provides crucial information regarding consent, situational awareness and intervention techniques, alcohol related issues, and cultural issues that are present within our campus and country alike. While this may be the first time that Fraternity men have been offered a course such as Wildcat Way, the reception within the community shows that both men and women are striving to perpetuate change both on and off campus. No change can come to fruition without honest discussion and active participation within a community; through Wildcat Way, members within the Greek community are able to step up and become initiators of the very change that is needed.





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By David Salafsky, MPH, UA Campus Health Service

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Does the UA require that I get the "meningitis

vaccine"? No, but the UA is strongly recommending that any student living in residence halls or fraternity or sorority housing be vaccinated against meningococcal meningitis.

Is the "meningitis vaccine" covered by my insurance?

Many health insurance plans cover the vaccines that protect against meningococcal meningitis. Check with your individual insurance plan for details.

Are there different types of meningococcal meningitis?

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Knowing The Symptoms Can Save Lives

Teens and college students are at increased RISK for meningococcal meningitis.

Symptoms May Include High fever, rash, headache, stiff neck, confusion, nausea vomiting, exhaustion

Only some of these symptoms may show. If any of these symptoms are present and unusually sudden and severe, call a physician. Don't wait. Prompt action can be the difference between life and death.

Vaccination is the best way

ONMA

protect against serogroup B. Previous vaccinations that your child may have received likely were for serogroups A, C, W, and Y.

Arizona Stagecoach knows the importance of keeping your Wildcat safe

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Are the vaccines available

on campus? Students can call the UA Campus Health Service Travel and Immunization Clinic at (520) 621-2292 to schedule an appointment for vaccination, or simply walk-in. A meningitis immunization clinic will also take place on the UA Mall on April 24th – check www.health.arizona.edu for details.

What if my son/daughter already received the meningococcal vaccine? If your

child already received the standard meningococcal vaccine for serogroups A, C, W, and Y prior to age 16, it is now recommended that they receive a booster shot after age 16 in order to have adequate protection while in college. Also, we recommend your student get one of the new vaccines that protect against serogroup B (Trumemba ® or Bexsero ®) if they haven't already.

What are the signs and symptoms of meningococcal

disease? The symptoms of meningococcal disease can include a moderate fever, severe headache and/ or muscle aches, a stiff neck, vomiting and a rash.

How is it spread? Meningococcal meningitis is spread through the exchange of respiratory and throat secretions like saliva (e.g. living in close quarters, kissing). These bacteria are not as contagious as germs that cause the common cold or the flu. They are not spread by casual contact or by simply breathing the air where a person with meningococcal disease has been.

Besides the vaccine, what are other ways my student can reduce their risk?

Practice good hygiene and avoid sharing food and drink, eating utensils, cosmetics, toothbrushes, and smoking materials (cigarettes, hookahs, etc.). Kissing and direct exposure to saliva through coughing or sneezing can also spread meningococcal meningitis, so practice coughing and sneezing in your sleeve and encourage others to do the same.





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SAVE THE DATE! FAMILY WEEKEND October 13-15, 2017



WILDCAT FAMILY MEMBERS enjoy tailgating before the big UA football game. PHOTO COURTESY OF PARENT & FAMILY PROGRAMS

By Taylor Chambers, Family Weekend Executive Director

Get ready for another one of the University of Arizona's oldest traditions, Family Weekend! This year's Family Weekend will take place October 13-15th, 2017.

The Wildcats will be taking on one of our biggest rivals, UCLA. But the football game isn't the only thing families have to look forward to! We are excited to share the weekend with many academic Convocations, fraternity and sorority events, and many campus partner events.

Our team has also been hard at work to create a robust schedule of activities for Wildcat families.

The fun begins on Friday, when we will be having a club fair and Farmer's Market to showcase as many things Tucson and our campus has to offer, alongside another UA tradition, Bear Down Friday, and a Bear Down BBQ!

On Saturday, we will have a Family Fun Zone to add to each families tailgating experience, which will be kid and adult friendly with inflatables and lawn games.

Finally, we will send our families off with a little feel good in their hearts as we will be doing our annual charity fun walk/run! Be sure to continue to check back on our website for updates in events and registration: familyweekend.arizona.edu!

Program details at HEALTH.ARIZONA.EDU (click on Fees & Insurance)



Looking for off-campus housing?

The University of Arizona Off-Campus Housing (OCH) office offers students help with their off-campus housing needs.

offcampus.arizona.edu

- Housing Fairs
- Website Search
- Office Hours
- OCH Housing Guidebook

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