

# Parents & Family Magazine

The University of Arizona  
Fall 2009



Parents & Family Association



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# Table of Contents



**Parents & Family Association**  
*Fall Update*  
page **5**



**Thank You for Your Generous Donations!**  
page **13**



**Parents Often Key to Student Financial Success**

*Study shows parents play vital role in student's financial well being.* page **18**

## A Call for Support

*From the Parents & Family Association Board* page **6**

## UA Flies High at International Competition

*Arizona Micro Air Vehicle Club takes 1st, 2nd and 4th Place.* page **14**



## A New Way To Green Campus!

*Students buy, sell and exchange items.*  
page **7**



## PAWS: A New Way for Parents to Help Recruit Students for UA!

*Admissions unveils new recruitment tool for parents and alumni.* page **21**



## Student Recreation Center Expansion Preview

*A behind the scenes look at the new facility.* page **23**



## 1st Annual Family Weekend Golf Tournament

*PFA raises money for Safe Ride and Safe Walk.*  
page **11**



## Safe Cats Takes the Stage

*Dean of Students Office unveils new program and Advocacy Coordinator.*  
page **17**



## Campus Health Service Reaches 90 Years

*A look back at one of the longest student services at the UA.* page **24**



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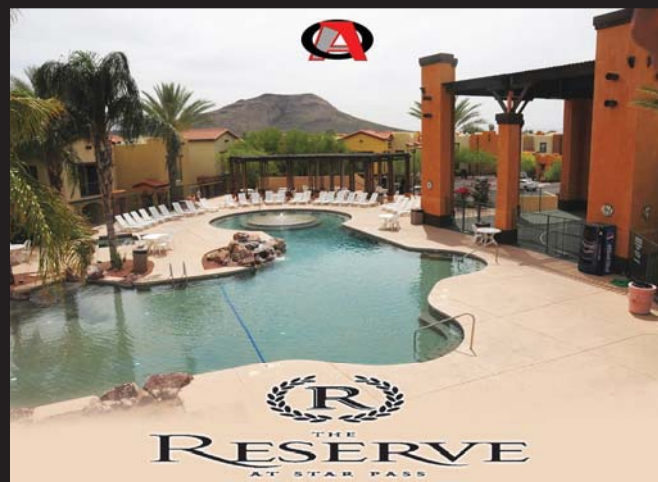
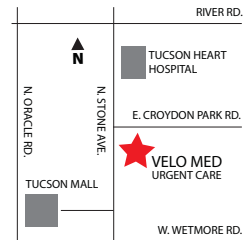
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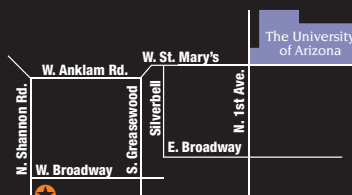
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# Parents & Family Magazine

## Issue 6

The University of Arizona Parents & Family Magazine is published twice a year by the Dean of Students Office and Arizona Student Media.

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*Circulation:* 15,000

The advertisements in this magazine are for information purposes and do not constitute endorsement of services by The University of Arizona.

Cover photos: Jessica Noele DeWitt,  
Misha Harrison



# Welcome to the UA Wildcat Family!

Greetings Wildcat Parents & Families,

Welcome to our sixth issue of Parents & Family Magazine! You're receiving this magazine because you are one of our valued Parents Plus members or you have made a generous donation to support the goals of the UA Parents & Family Association. On behalf of our students and the Parents & Family Association Board, I thank you for your support!

Fall 2009 is underway with many exciting activities and events. More than 850 families visited campus to reunite with their Wildcats during Family Weekend, Oct. 16-18. And we celebrated another great Homecoming, Nov. 5-7. One of the priorities for the Dean of Students Office this fall is around Student Safety. I am excited to share with you some of these great initiatives in the article entitled, Safe Cats Take the Stage on page 17. Help us spread the word to your student about these important safety tips and programs!

Now more than ever, the UA Parents & Family Association needs the support of our Wildcat Parents! Like everyone else, we are feeling the crunch of tight economic times in both our donations and membership program. So, as parents and family members your support both financially and in giving of your time as volunteers is greatly appreciated! If you would like to become more involved please let me know! On behalf of our Board Chairs, Earl and Claire Mendenhall, and our Public Affairs Committee Chairs, Beatrice Perry and Katherine Harmeyer, I want to thank our Arizona parents who have stepped up to engage our Arizona State Legislators in conversations regarding the necessity of funding higher education in the state of Arizona. I know this group is hard at work making sure that UA Parents' voices are being heard.

As always, don't hesitate to give the Parents & Family Association a call or send us an email if you have a question or concern. Barbara Camp (Dean of Students office specialist senior) and I are happy to be of assistance. We can be reached at (520) 621-0884 or via email at [uafamily@email.arizona.edu](mailto:uafamily@email.arizona.edu)

With Wildcat Pride,

**Kathy Adams Riester, M.S. Ed**  
Assistant Dean of Students  
Director UA Parents & Family  
Association



**Kathy Adams Riester, M.S. Ed**  
Assistant Dean of Students  
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# Fall Update

By **Kathy Adams Riester, M.S. Ed**  
Assistant Dean of Students & Director, UA  
Parents & Family Association



Fall is such a fun-filled time here at UA. Students are back on campus and we are finally seeing consistent temperatures under 100! It was wonderful to have families on campus visiting during Family Weekend. Thanks to everyone who attended our Faculty/Staff Luncheon, Legacy Lunch, Committee Meetings and Board Meeting! We also had an exciting end to the football game with a win over Stanford. Here is an update on our PFA Committees.

## Committee Updates

► **The Public Affairs Committee**, co-chaired by Beatrice Perry and Katherine Harmeyer, has been working hard to get our Arizona parents involved! They are working to recruit and train parent volunteers so that they can express their thoughts and opinions to our Arizona elected officials. They

have also combined forces with the Arizona Students Association (ASA) to work together on these important issues. Planning is under way to host a "Meet Your Legislator Night" with the Maricopa County Legislators in the spring.

► **The Recruitment and Retention Committee**, co-chaired by Liz and Hunter Richardson and Josie Perez have been working with the UA Admissions staff in helping to spread the word on a new recruiting Web site called PAWS – Parents and Alumni Working with Students. This is a great way for parents to get involved in helping to recruit students to UA – see an article on PAWS on page 21.

► **The Ad-Hoc Phoenix Summer Send Off Committee**, co-chaired by Patti Teter and Charlene Duff, hosted a fabulous send off for new students in the Phoenix metropolitan area on Aug. 2. With the help of Wilma, Wilbur, the Pride of Arizona Band and President and Mrs. Shelton we welcomed more than 800 new wildcats and their

parents. We would love to have more parents help in planning this event so please let us know if you are interested in joining the committee!!

► **The Campaign Committee** co-chaired by Angelica Villarruel and Guillermo Uribe, awarded more than \$102,000 in grants for 2009-2010. In addition with the help of Steven Fenton they hosted the 1st Annual Parents & Family Association Family Weekend Golf Tournament at the Westin La Paloma Resort and Spa, which raised more than \$14,000 for Safe Ride and Safe Walk. Thanks to everyone who participated and all our wonderful sponsors: Flemings Prime Steakhouse and Wine Bar, La Salsa Fresh Mexican Grill, The University of Arizona BookStores, Competitive Engineering, Cox Communication, AF Sterling, Maloney's Tavern and the Arizona Student Unions! We hope you can join us next year!

If you would like to get involved in any of these committees, please let me know at [uafamily@email.arizona.edu](mailto:uafamily@email.arizona.edu) or call 520-621-0884.

## The Partnership of Parents – People Just Like You – Proud Parent Volunteers



*What is your partnership?*

## The Parents & Family Association – Enhancing Student Opportunities

"We're involved with the Parents and Family Association because we know The University of Arizona is key in educating our youth, advancing science and technology, enriching the arts and our culture, and providing a strong framework for economic growth in Arizona and nationally. Because of our interest in the merits of public affairs, our collaboration with the Parents and Family Association creates an effective platform for communicating with our elected representatives. This is essential to advance important UA initiatives, while strengthening academic and economic opportunities for all of Arizona. We are proud of what we, as parents, can collectively make possible through the Parents and Family Association."

**In 2008-2009, the collective partnership of the Parents & Family Association touched over 37,000 students' lives by enhancing student safety, leadership programs, career services and faculty interaction/mentoring programs.**

**For more information, call (520) 621-0884**

Katherine and Allan Harmeyer, Parents of Andrew, UA Senior, majoring in Business Management, Phoenix, AZ  
Hosts of Maricopa County Legislative Social, January 2009



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## Parents & Family Association Board A Call for Support

By Guillermo Uribe

We have all heard the sound-bites; large corporations filing for Chapter 11 protection and most states in the country facing revenue shortfalls not seen since the 1929 Depression. We see going-out-of-business signs and half-empty business plazas. To top it all off, unemployment has reached an all-time record high. This crisis has affected us all. Unfortunately, Arizona and its universities have not been spared. The University of Arizona has faced, this fiscal year, one of the harshest budget crises in its history. We have lost millions in operating funds and hundreds of staff, many of them star teachers and scholars who had made a career at the UA.

The Parents & Family Association (PFA) has felt the effects of this crisis in all of its intensity. As an auxiliary unit, PFA does not receive any state funding. Instead, we depend on revenue generated through donations and memberships. The shortage of money in the economy has hit hard both of our sources of income. Our share of the University Foundation's Telephone Outreach program has declined continually since the crisis began. We also experienced a drop in our new memberships this past summer and early fall. Last year we anticipated an income reduction in light of the imminent crisis. Our forecasts fell short.

In our latest board meeting we discussed the painful possibility of not fulfilling our main mission of funding worthy student support programs and services that the state budget does not cover. However, we feel morally obligated to assist those that in turn lend a helping hand to our students. If we delay or cancel our grants program, we feel that the Parents & Family Association would fall short of its mission and goals. So in a single voice, the Board decided that the PFA will go on and sponsor a new round of grants for the 2010-2011 academic year.

To fulfill this moral obligation, we have to do something to alleviate our crisis. We can not stand by and watch as our resources dwindle hopelessly. We must step up and help, more so in these times of economic hardship. The more of us that help, the less each one of us will have to contribute individually. There are many little steps we can all take to help.



Safe Ride display at First Annual Golf Tournament

For instance, the next time the University of Arizona calls you at home, pick up the phone and listen. A substantial portion of the telephone outreach money comes directly to the Parents & Family Association and we distribute it to as many grant proposals as we can.

Try joining, or persuade another family to become a Parents Plus Member of the PFA for one year. Just one year for now. Membership monies go directly to support student programs and services. The membership brings discounts at many local businesses, but most importantly, it helps continue PFA's tradition of giving. Over \$1 million has been granted to dozens of programs that enhance our children's lives on campus.

If you can not contribute financially, volunteer. Parents of current students are often needed to participate in recruitment and other events in Tucson and across the country. Your direct experience does more for parents of prospective students than any university official's credentials. You can also join one of our committees. We

*Continued on page 8*



# A new way to 'green' campus

## STUDENT EXCHANGE

By **Lindsay Schroeder**  
Graduate Assistant, UA BookStores

Student Exchange is the newest addition to The University of Arizona (UA) BookStores. Conveniently located in the Park Student Union, Student Exchange functions as a venue for students to buy, sell, and exchange products without ever having to leave campus.

The concept of Student Exchange began several years ago as an innovative vision of Frank Farias, UA BookStores' Executive Director and Assistant Vice President of Student Affairs. UA BookStores noticed students housed in residence halls were left with excess amounts of unneeded materials they did not want to take home. Rather than simply dispose of the leftover furniture and supplies, UA BookStores teamed up with Residence Life to buy these products during residence hall move-out days. After several years of positive responses and substantial collections, this service expanded to its own store site.

In addition to saving students money, Student Exchange's opening also supports The University of Arizona's new mission of "greening the campus." Encouraging the community to exercise environmentally-sound habits, Student Exchange's operations are a pre-

cise example of the University's vision to "practice what we instruct."

"Student Exchange is a place where students can work together to promote eco-friendly behavior," explains Claire Bates, Student Exchange Manager. "We hope students recognize the importance of re-using and recycling products and how Student Exchange can assist them in this process."

UA BookStores, Student Exchange was created to meet the many needs of students, which is why it is managed by current undergraduates. They make certain their venue offers a broad range of products and services to reflect the extensive interests of The University of Arizona's student body. Visitors will find clothing, gifts, used books, and supplies as well as re-sale dorm and lifestyle goods. Moreover, Student Exchange fit well into a student budget.

"Our store can help students who need extra cash or are searching for living materials at a low cost," says Bates. "Student Exchange is a sensible response to the changing economic and retail environment."

Store Hours: Monday-Friday from 10 a.m. to 7 p.m.; Saturday from 12 p.m. to 5 p.m.; Closed Sunday.



**Ashley Sanders,**  
Assistant Student  
Lead



**Claire Bates,**  
Student Lead



Ashley, Retail Management | Student Exchange, PSU

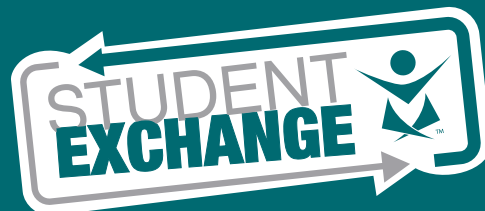
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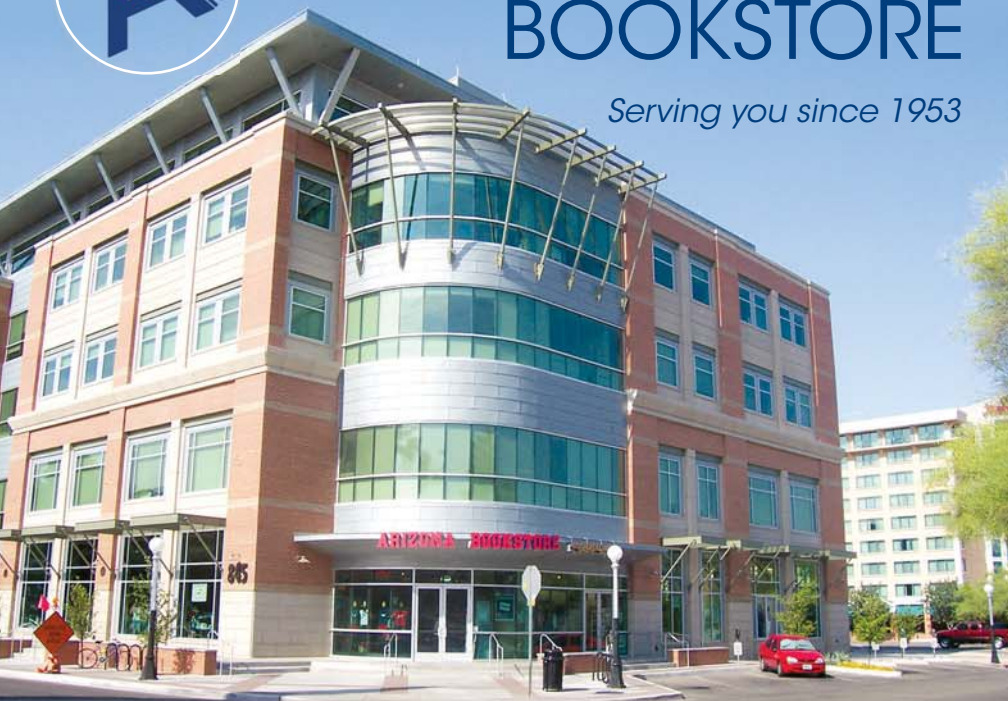
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## UA By the Numbers

**7000**

The number of new freshmen students the UA welcomed this fall, and is a record high enrollment.

**1088**

The UA is in the design phase for two new residence halls that will add more than 1,000 bed spaces to our residence hall system. These halls, due to open in 2011, will be located South of Coronado Hall and South of Apache-Santa Cruz Hall.

**1**

The number of 2009 NCAA Woman of the Year awards given out – with this year's award going to Lacey Nymeyer, former swimming student-athlete at the University of Arizona.

**4100**

The number of visits the Think Tank, UA's center for academic support services, experienced in its first eight weeks.

**\$102,920**

The amount of money the Parents & Family Association awarded for the 2009-2010 academic year, to UA programs and departments that support various student programs – all thanks to parents like you!

## Call for Support...

*Continued from page 6*

always welcome new members and all the wealth of experience they bring with them.

We do have ways to cope with these hard times. We all understand it is a challenge, but together we can face them head on and overcome it! Let's keep in mind that the main and only beneficiaries of these efforts are our children.



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# Attention



# UA Parents

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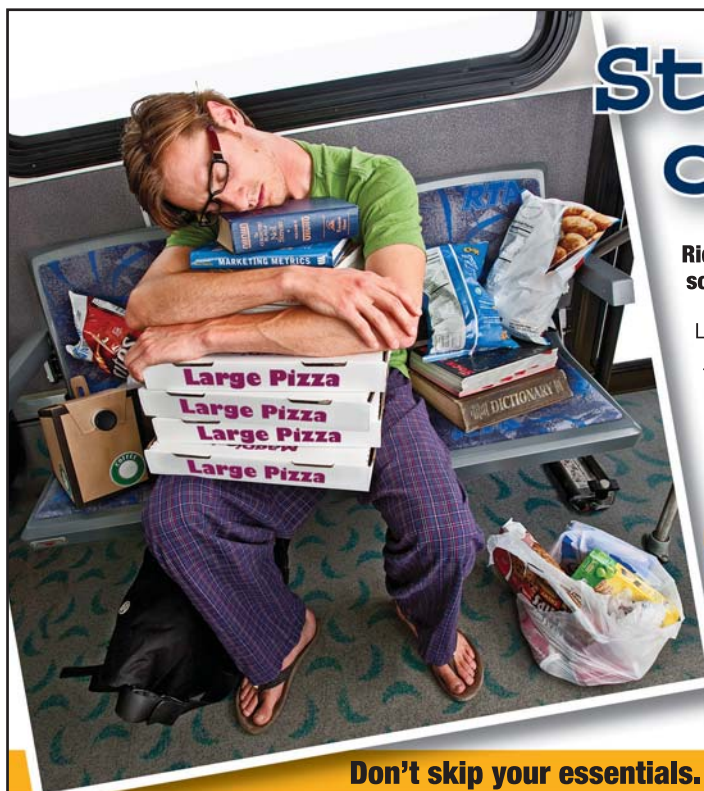
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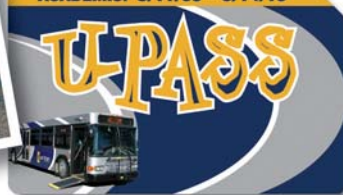
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# 1st Annual Family Weekend Golf Tournament a Success!

On Thursday, Oct. 15, the UA Parents & Family Association hosted its First Annual Family Weekend Golf Tournament at the scenic Jack Nicklaus Signature Course at La Paloma Country Club. Seventy golfers participated in the scramble and PFA raised more than \$14,000 to support Safe Ride and Safe Walk – our two student run, night-time safety programs.

The winning foursome of Bob Left, Michael Pottorff, Al Sibereich and Lionel Kier had a winning score of 58. The Closest to the Pin winners were Catherine Harman for the women and Tim Gavin for the men.

Players enjoyed a tasty lunch sponsored

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**First Place Foursome: Al Sibereich, Bob Left, Lionel Kier and Michael Pottorff**

by Ron Yaeli and La Salsa Fresh Mexican Grill and a fabulous Awards Reception hosted by Barney Conferey of Fleming's Prime Steakhouse and Wine Bar.

Special thanks to Steven Fenton, our committee chair person, for helping to organize such a successful event! We hope you can join us next year!

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# UA PARENTS & FAMILY ASSOCIATION PARENTS PLUS MEMBERSHIP

## Why be a Member?

Parents and family members have a special connection to The University of Arizona. You have entrusted us with one of your most valued possessions: your child. Membership in the Parents & Family Association enhances that connection by keeping you involved in and informed about events, programs, and services that will benefit your student's success. It will also keep you connected with other Wildcat parents and family members in your local area.

The Parents & Family Association is proud to provide enhanced services to its members that match the quality of education your student experiences. As a premier international university, we need your support to maintain the quality programs and services that keep The University of Arizona among the leading public universities.

Show your Wildcat Pride—join today!



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ONLINE TODAY AT:  
[www.uafamily.  
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***or fill out and send us the  
membership form below***

## How Does my Membership Make an Impact?

Your Membership helps The University of Arizona in the following ways:

1. **Student Support** – In the past five years the Parents & Family Association has given more than \$1 million to campus programs and services that directly improve the quality of UA student life. We give where students and parents tell us it is important. Some of our support goes to Safe Walk, Career Services, student-faculty interaction, and leadership programs.
2. **Campus Programming** – The Parents & Family Association provides volunteer and financial support to key campus programs such as New Student & Parent Orientation and student recruitment events.
3. **Family Weekend** – The University of Arizona has one of the largest and most unique Family Weekend programs in the country. Our Family Weekend is planned and implemented completely by students for you – our valued parents and families.
4. **Parent & Family Communications** – The Parents & Family Association provides a number of ongoing communications to parents and family members including two yearly print magazines, two special Parents Plus publications and our monthly newsletter, "The Paw Print."

### UA Parents & Family Association Membership Form

Parent/Family Member Name (1) \_\_\_\_\_

Parent/Family Member Name (2) \_\_\_\_\_

Home Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Home Telephone \_\_\_\_\_

Preferred email \_\_\_\_\_

Student Name \_\_\_\_\_

Student Identification # \_\_\_\_\_ Student Date of Birth \_\_\_\_\_

Select Username \_\_\_\_\_ Select Password \_\_\_\_\_

Select Membership Type: ☐ 1 yr. (\$65) ☐ 2 yr. (\$95) ☐ 3 yr. (\$125) ☐ 4 yr. (\$150)

☐ My student is eligible for a Pell Grant ☐ UA Alumni

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*or send checks payable to The University of Arizona with this form to:*  
**UA Parents & Family Association, PO Box 210021, Tucson AZ 85721**



# Thank You for Your Generous Donations!

The Parents & Family Association wants to sincerely thank all the parents and family members who made a contribution to PFA. This support enables the Parents & Family Association to fund grants for programs and services that support UA students success in and out of the classroom. **OUR STUDENTS THANK YOU!** The donors listed below\* made a



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contribution of \$100 or more to the Parents & Family Association between October 1, 2008-Oct. 1, 2009.

*\*Every care was taken to ensure the accuracy of this list. We would appreciate you sharing with us any omissions. Please contact Kathy Adams Riester, Director of the UA Parents & Family Association at (520) 621-0884 or [uafamily@email.arizona.edu](mailto:uafamily@email.arizona.edu)*

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# UA Flies High at International

By *Pete Brown,*  
Editor, *College of Engineering*

Since about 1990, the Department of Defense, the Army and dozens of avionics and software companies have spent millions of dollars developing ever smaller unmanned aircraft.

These micro aerial vehicles, or MAVs, are small radio-controlled aircraft that can be guided into situations that are fraught with danger and difficulty. These tiny planes can be fitted with cameras and chemical sensors and sent into disaster areas and toxic pollutant releases. They can be used to map difficult terrain, and the Army uses them for surveillance.

The University of Arizona Micro Air Vehicle Club, which has an impressive history in this technology, took second place in overall performance

and first place in indoor flight performance in the 4th International Micro Air Vehicle Competition, which was held June 1-5, 2009, in Pensacola, Fla.

This competition required the student team to fly MAVs both indoors and outdoors. "Our team demonstrated outstanding performance," said Sergey Shkarayev, the student team's faculty advisor and an associate professor in the Department of

Aerospace and Mechanical Engineering. Teams from the U.S., Germany, France and Australia entered designs in the competition.

During the competition, the miniature aircraft had to land on small raised platforms, navigate through buildings to identify targets, survive gusting winds, and demonstrate superior endurance. The University of Arizona vehicle is unique

because it can fly horizontally like a normal airplane and also transition to a hovering mode for maneuvering in tight places.

**The University of Arizona vehicle is unique because it can fly horizontally like a normal airplane and also transition to a hovering mode for maneuvering in tight places.**

This makes the vehicle very adaptable, and capable of performing well in different environments.

Thanks to this innovative design, the UA was the only team able to use the same vehicle for all the competition's different challenges. "The team successfully completed all of the missions and the vehicle drew a lot of attention from other teams," said Shkarayev. "The hard work and dedication paid off when the team took first place in the indoor competition and second place overall."

Outdoor missions pushed the limits of autonomous flight, requiring the MAVs to fly to specified GPS coordinates, land at precise locations, and even follow vehicles by camera. The indoor missions tested the maneuverability and hardiness of the designs.

The team is sponsored by the U.S. Army Research, Development, and Engineering Command; the University of Arizona's College of Engineering; the Department of Aerospace and Mechanical Engineering; and the Arizona Student Union Association.

## MAV team's winning history

The UA MAV team has a long history of success at international competitions. Past achievements include:

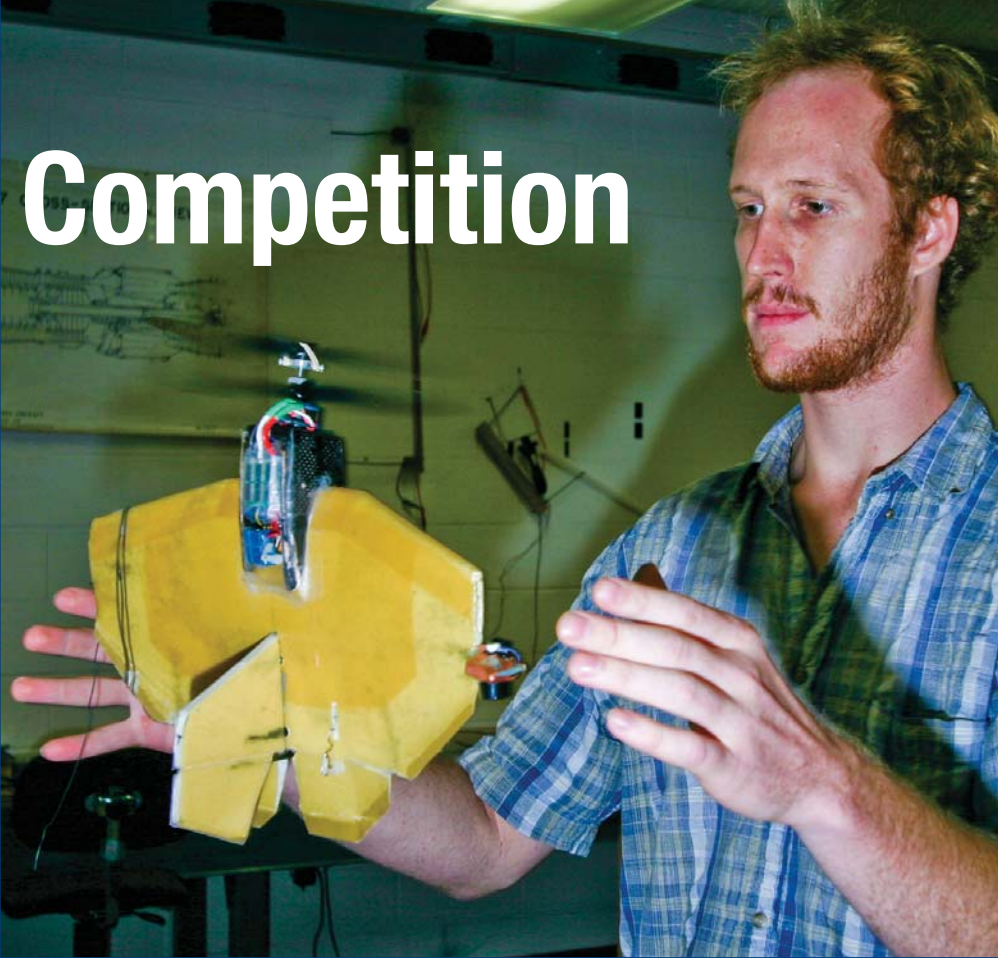
- Second place in the 10th **International Micro Air Vehicle Competition** in Provo, Utah, in **2006**.
- First place in the 1st **US-European Micro-Aerial Vehicle Technology Demonstration and Assessment** in Germany in **2005**.
- Second place in the 8th **International Micro Air Vehicle Competition** in Tucson, Ariz., in **2004**.
- First place in the 4th **International Micro Aerial Vehicle Meeting** in Toulouse, France, in **2004**.
- Third place in 7th **International Micro Air Vehicle Competition** in Gainesville, Fla., in **2003**.



*Members of the MAV team get together in their lab in the College of Engineering's Department of Aerospace and Mechanical Engineering. College of Engineering/Pete Brown photo*



# Competition



**MAV team member Nick Mindock keeps a close eye on a MAV during a demonstration in the team's lab in the College of Engineering's Department of Aerospace and Mechanical Engineering.** College of Engineering/Pete Brown photo

## Links to more MAV info

### Original Arizona Engineer Online Story (includes multimedia)

- <http://www.engineering.arizona.edu/news/story.php?id=47>

### MAV Competition

- <http://robotics.ece.uwf.edu/imav09/index.html>

### Youtube

- [http://www.youtube.com/watch?v=35Z6vi8tQM\(room\)](http://www.youtube.com/watch?v=35Z6vi8tQM(room))
- [http://www.youtube.com/watch?v=\\_v6ipmC0V34\(paintball drop\)](http://www.youtube.com/watch?v=_v6ipmC0V34(paintball+drop))
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To schedule your visit or to request the latest information on Stone Canyon, call **520-219-9000** or visit us at **www.stonecanyon.com**

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Call the Ombuds Program Director in the President's Office, 626-5589, to match your situation to an Ombuds who can most readily assist you. You can also visit the Ombuds website at <http://ombuds.arizona.edu> to see a complete list of Ombuds, telephone numbers and their locations on campus.

*Due to the confidential, informal, and neutral function of the Ombuds, communication with the Ombuds does not constitute notice to the University. Email is not appropriate for confidential communications.*



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# Safe Cats Takes the Stage

## DOS unveils new program, advocacy coordinator

By Bethany Conway

For many parents, sending their child off to college can be a bit daunting. The student may be the one facing the unknown, but mom and dad are there every step of the way.

Luckily, the University of Arizona Dean of Students Office unveiled two critical initiatives in fall 2009 that will help to put parents' minds at ease. Focusing on student safety and wellness, the department is making waves with its new Safe Cats program and recently appointed its first-ever Coordinator of Student Assistance and Advocacy.

Building on last year's educational pieces circulated by the Dean's Office, the Safe Cats program will use multimedia platforms to add to an already successful outreach campaign. And it all started with the creation of a "Safety Card" made possible through a sponsorship from the UA Parents & Family Association.

Full of need-to-know numbers, such as those for Safe Ride and Safe Walk services, the wallet-size cards are handy for students who live on and off campus. They are available at the Dean of Students Office in the Old Main building and various additional campus outlets including Residence Life, Fraternity and Sorority Programs and the office of the Associated Students of the University of Arizona in the Memorial Student Union.

According to Jason Casares, Assistant Dean of Students and Campus Safety Coordinator, the goal of Safe Cats program is to meet students in the avenues they use most – social networking sites. With a Facebook and Twitter account, instant



Erin Good and Jason Casares

Bethany Conway photo

messaging site, blog, YouTube channel and a soon-to-emerge page on the Dean of Student's Web site, the program will use several avenues to spread information regarding safety.

"The primary goal of the multimedia campaign is to create innovative methods and approaches for getting students and parents information regarding health and safety on and off campus in an effort to

maintain a safe campus culture," Casares said.

Working in conjunction with UA Alert, which allows students, employees and family members to receive text messages during a campus emergency, Safe Cats will also spread important updates.

The program has already released several videos featuring students and members of the university community through its YouTube channel, [www.youtube.com/uasafecats](http://www.youtube.com/uasafecats), and viewers can expect the series to continue exploring a wide array of topics, including a special video featuring parents of UA students.

While social networking sites offer a quick and easy way to keep in touch with the university community,

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Continued on page 19

# Parents Often Key to Student Financial Success

By Joyce Serido, UA Parent and Research Scientist

Today's college students are preparing for adulthood in a fast-paced, dynamic, global economy. During this period (ages 18-25) young people need to develop the financial skills to manage their resources effectively now to become financially self-sufficient when they graduate. Particularly in the current climate of economic uncertainty, they must take a more active, responsible role in their personal finances. Research has shown that poor money management spills over into illness, depression and other problems. But where do financial behaviors come from?

A new study at The University of Arizona begins to answer this question. With data collected from more than 2,000 students who began as freshmen at the UA in fall 2007, Dr. Soyeon Shim and her colleagues found that, first and foremost, parents play a vital role in the financial well being



of their children. In addition to parental involvement, both high school work experience and pre-college financial education classes improved students' knowledge of personal finances, which were reflected in their financial behaviors.

How financially responsible are the APLUS students? Overall, the financial behaviors of the students we surveyed were promising, particularly

their cash management behaviors, such as paying their bills on time, staying within a budget, and paying their credit card bills in full each month. However, 72.5 percent reported at least 1 risky financial behavior in the six-month period preceding the survey, and 12.7 percent reported four or more during that same period.

What can parents do to promote responsible financial behaviors in their college-aged children? Children learn about the world and how to thrive in it, by listening to, and observing their parents as they grow up. The role that parents play in

preparing their children to live independent and productive lives does not end at 18. While in college, students must learn to navigate new challenges, including making decisions about their personal finances. Students need to talk to people they can trust to help them synthesize information and use it to make informed, responsible decisions. Especially in their first few months at college, it is important for parents to cultivate an adult relationship with their children, one that encourages discussion about problems they face or responsibilities ahead of them.

The financial behaviors our children practice in college can positively or negatively impact their future well-being. As parents, we have an opportunity to influence our children's financial well-being and ultimately their success in life.

To learn more about the Arizona Pathways to Life Success for University Students (APLUS) project, our follow-up survey on the impact of the recent economic recession on UA students, or to download a copy of the complete report, go to <http://aplus.arizona.edu/>

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# Safe Cats Takes the Stage...

*Continued from page 17*

sometimes there is nothing better than sitting down with a real person. For those who are feeling stressed, dealing with a traumatic event or in need of safety information and advice, Student Advocate Erin Good is here to help.

Good joined the Dean of Students office in September 2009 and her main task will be working with students who have undergone a traumatic event or crisis, connecting them with the resources and support they need to remain academically successful. While she will mainly work with students, Good is here to support parents as well.

"I have already worked with several parents on issues related to student injury and hospitalization, financial concerns and general health and wellness checks. For example, one parent had not heard from her son in a few weeks and so she requested that I check in with him," Good said. "As it turned out, the student was just busy with coursework and a part-time job, and the parent felt much better knowing he was safe."

Good spent the last five years working in the areas of victim advocacy and violence prevention, most recently as a violence prevention specialist for the Oasis Program for Sexual Assault and Relationship Violence. Prior to working for Oasis, she spent two years as a victim advocate for the Pima County Attorney's Office Victim Witness Program, where she participated in developing Pima County's specialized Domestic Violence Court.

"I look forward to supporting parents, families and students in my role here at the UA," Good said.

For Casares, both the Safe Cats program and the acquisition of Good will help the Dean of Students Office in its ultimate goal – creating a safe campus culture.

"With the largest freshmen class at the U of A, it is absolutely imperative the Dean of Students Office creates and enhances new ways to meet the changing needs of students and parents, and we are committed to doing just that," he said.



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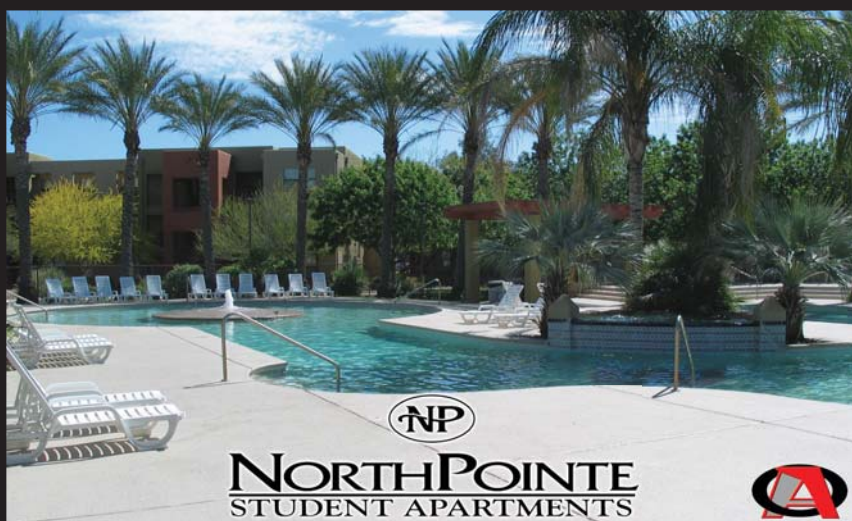


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*Prospective Wildcats take a tour with their parents.*

Scott Kirkessner photo

## PAWS: *A New Way for Parents to Help Recruit Students for UA!*

*By Kasey Urquidez, Assistant Dean of Admissions & Director, Undergraduate Recruitment and Drew Braden, Regional Recruitment Coordinator*

The Office of Admissions is excited to launch PAWS (Parents and Alumni Working with Students). PAWS was created to allow parents of UA students, as well as alumni, the opportunity to share UA pride and excitement via new student recruitment. Through PAWS, we will continue to advance the stature of the University of Arizona by recruiting and enrolling academically talented and diverse students from across the globe.

### WHAT IS PAWS?

PAWS is a volunteer program that allows you to select the recruitment opportunities that best fit your busy life. There are three opportunities to become involved with PAWS; adopting a school, attending college fairs and contacting admitted students. In an effort to accommodate your schedule, each opportunity involves varying levels of time commitment. You are able to choose how much time you would like to dedicate to the program.

One of the most beneficial activities you can participate in as a volunteer is the Adopt-a-School program. It is impossible for the Office of Admissions to provide a counselor to every school in the world, but with your help, the UA can be in more places and continue to build upon its name and reputation. By adopting a school(s), you become the adjunct admissions counselor. The assignment lasts the academic year and activities include dropping off

new UA materials, meeting with school counselors, meeting with students, etc. Day-to-day work is minimal, but monthly outreach is expected.

Volunteering to attend a College Fair(s) on behalf of the UA is one of the most effective ways of increasing the visibility of the UA to prospective students. Depending on the size of the fair, you could reach anywhere from 150-2,500 students! Imagine the impact you could have in just a few hours! The exposure UA receives at these fairs is second to none. You will have the chance to answer questions about UA academics, admissions, social activities, and life as a Wildcat. Each college fair lasts from two to four hours on average.

Another volunteer opportunity is contacting recently admitted students. The Office of Admissions will work closely with you to provide you with a list of students to call. The list may be from your high school alma mater or from the area/state in which you currently reside. Calls are generally made in 1-2 hours (in one evening) depending on the number of students you reach.

Regardless of what activity you choose, you can be sure that the time you spend helping the UA recruit will pay dividends. The more volunteers we have in the field helping to bring the best and brightest to UA, the stronger and more prestigious the University of Arizona will become.

### GET INVOLVED – it's easy!

[www.admissions.arizona.edu/paws](http://www.admissions.arizona.edu/paws)

Simply log in and complete the volunteer form. Following the submission of your form, you will be contacted by Drew Braden, Regional Recruitment Coordinator. Braden will help you get started. In addition, he will direct you to the training materials you need to review before you begin your PAWS experience. For more information, contact Braden at (520) 621-5408 or [dbraden9@email.arizona.edu](mailto:dbraden9@email.arizona.edu).

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# Student Recreation Center Expansion Preview



*By Juliette Moore, Director of Campus Recreation*

The Student Recreation Center Expansion (58,000 gross square feet) is scheduled to open Jan. 2010. Construction is close to completion (85 percent complete). The building is comprised of four major spaces; a Fitness Room, a Multiple Athletic Court (MAC) Gymnasium, Outdoor Adventures, and an exterior courtyard including: sand volleyball courts, grass areas, and bouldering.

The Fitness Room is three times the size of the current weight room and has a much more open character. Located in a two story space, resistance training, free weights and cardio exercise equipment are found on two levels with expansive views of the campus and the new courtyard. State-of-the-art fitness equipment will engulf this space and allow users an opportunity to view TV shows from televisions located on various cardio equipment.

A new MAC Gymnasium provides a different dimension to the traditional basketball/volleyball court. The court is equipped with a dasher board system that can accommodate indoor soccer and floor hockey. The dasher board system also has team and scorekeeper boxes and the space is even equipped with a sound system and scoreboards.

Our Outdoor Adventures program is moving to a prominent location off the courtyard with bouldering elements located adjacent to this space. Their new home



**Parents & Family Association Board Members get a behind the scenes tour – including the new Bouldering Element.**

has a strong indoor/outdoor connection that will showcase Outdoor Adventures' offerings, provide much needed storage and work space, and expand possibilities for classes and trip preparation.

The courtyard areas merge the two building quadrants together, connecting the spaces while utilizing various recreational elements. Sand volleyball and bouldering (pictured above) are the prominent activities for this space. In addition, there are many opportunities for passive recreation and spectator viewing from a number of surfaces (patio, lawn, seat walls, terrace, etc.). All of these elements greatly expand the variety of activities in which students can engage.

Sustainability was a major concern

**Top: A view of the Recreation Center Expansion from Sixth Street**

during the design phase of the facility. Currently the facility is registered with the US Green Building Council and upon completion of construction will be submitting for a Leadership in Energy and Environmental Design (LEED) "Gold" Certification (Originally projected for "Silver"). The facility is quickly moving toward a "Platinum" LEED certification as we get closer to completion. If successful, the facility will be the 5th "Platinum" LEED certified facility in the State of Arizona and the first "Platinum" LEED Certified Recreation Center at a four year college/university.

The Department of Campus Recreation will provide a facility of quality and influence that will foster the physical, mental and environmental well-being of our students, thereby serving as an example for others to emulate. In an effort to influence the wellness needs of UA students, partnerships for high-profile naming opportunities currently exist. For more information about flexible ways you can provide a lasting legacy for students at the UA, which may also provide you with a tax and/or income benefit, contact Lonelle Rathje, Director of Development for Student Affairs, at (520) 621-3772 or [Lonelle@email.arizona.edu](mailto:Lonelle@email.arizona.edu).

The Big Green Event is coming SOON! Look for more information about it and the expansion on our web site: [www.campus-rec.arizona.edu](http://www.campus-rec.arizona.edu) and on Facebook at "The Rec Center."



**By Lee Ann M. Hamilton, MA, CHES**  
*Asst. Director, Campus Health Promotion & Preventative Services*

This year the Campus Health Service celebrates more than 90 years of quality care to students and staff at the University of Arizona. One of the longest serving units at the UA, the mission of Campus Health is health, wellness and safety through a commitment to high standards and collaboration.

Today, serving a leading role in the public health response to the H1N1 influenza global pandemic, it is somewhat ironic that Campus Health was born in response to the worldwide 1918 Spanish Influenza epidemic. Hospital wards to treat U.S. soldiers were created in one wing of University Hall (now Old Main) and one floor of the Agriculture Building (now Forbes). The entire campus was quarantined during the epidemic.

In the spring of 1919, the Reuben R. Schweitzer home (now the site of the Kofler Chemistry-Biology Building) became the first official infirmary. From humble beginnings, the Infirmary grew to and moved to become the Student Health Center, located for 40 years at Cherry Avenue

and the UA Mall.

A little known fact is that during the 1940s and '50s, three brothers—Burr, Stewart and Morris Udall—lived in the basement at Student Health and worked as orderlies, night watchmen, and janitors. All three eventually graduated from the UA with law degrees. Burr became a local attorney. Stewart served in Congress and as Secretary of the Interior during the Kennedy and Johnson administrations, while "Mo" served three decades in Congress.

Today's Campus Health Service opened in 2004, and is housed in the Highland Commons Building where it functions as an urgent care center and ambulatory health clinic. One of the first health facilities in Tucson to use electronic health records, Campus Health sees nearly 50 percent of all enrolled UA students annually.

"Since its inception during the 1918-1919 academic year, the Campus Health Service has taken the lead in looking out for the health and safety of those who learn, work and live at the UA and in promoting health and wellness across the UA community," said Dr. Harry McDermott, the executive director of UA Health and Wellness.

The people who comprise the Campus Health Service come from many disciplines and offer a comprehensive array of care, including medicine, nursing, laboratory, pharmacy, counseling and psychological services, physical therapy, women's health, x-ray and health promotion and preventive services.

Campus Health is perhaps best-known to students as the place to seek care for colds, sprained ankles, sore throats, injuries, depression, or information on nutrition or sexual health. But other students benefit from the opportunity to advance their career education through student employment, internships and professional rotations working under the direction of expert staff members. This combination of service, teaching, and research supports the mission of the UA both in Tucson and statewide.

In addition to its marking the milestone of a 90th anniversary, Campus Health recently earned its 11th consecutive accreditation from the Accreditation Association for Ambulatory Health Care. The University of Arizona Campus Health Service was the first college health center in the U.S. to gain full national accreditation.



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